

| Nat | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday | Sunday |
|-----|-----------------------|-----------------------|-----------------------|-----------------------|------------------|-----------------------|--------|
| AM | | 5:20-7:00 Dry | 5:15-7:00 Sw | 5:20-7:00 Dry | 5:15-7:00 Sw | 5:45-8 Sw | |
| PM | 4-6:30 Sw | 4-6 Sw 6:15- 7 Dry | 4-6:30 Sw | 4-6 Sw 6:15- 7 Dry | 4-6:30 Sw | 2:45-5 Sw* | |
| SS | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday | Sunday |
| AM | | | 5:20-7:00 Dry | | 5:20-7:00 Dry | 5:45-8 Sw | |
| PM | 4-6:30 Sw | 4-6 Sw 6:15- 7 Dry | 4-6:30 Sw | 4-6 Sw 6:15- 7 Dry | 4-6:30 Sw | 2:45-5 Sw* | |
| AGE | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday | Sunday |
| AM | | | 5:20-7:00 Dry | | 5:20-7:00 Dry | 6-6:45 Dry 7- 9 Sw | |
| PM | 4-6 Sw 6- 6:30 Dry | 4-6 Sw | 4-6 Sw 6- 6:30 Dry | 4-6 Sw | 4-6:30 Sw | 2:45-5 Sw* | |

* Optional or Invite only

*AP will be Optional but for the whole group